

# MONARCH MD + HAIR LAB MD

# **Platelet Rich Plasma Therapy for Hair Loss**

Platelet Rich Plasma (PRP) therapy is an effective, non-surgical treatment for hair loss.

#### How it Works

Platelets are found naturally in your blood. They are rich in growth factors, which help stimulate the activity of hair follicles, resulting in new hair growth when injected into the scalp.

## What to Expect

The in-office procedure takes place after an initial consultation. After determining whether or not PRP is right for you, a clinician will take a blood sample so that the doctor can separate the red blood cells from the platelet-rich plasma. The plasma is then injected into the scalp to stimulate growth.

## **Treatable Types of Hair Loss**

PRP therapy is primarily used to treat male (or female) pattern baldness, or permanent hair loss from the scalp due to scarring of the follicle. It can be used for other forms of hair loss like noninflammatory alopecia, too. This treatment is most effective in recent onset hair loss. The sooner you begin treatments after you begin to lose your hair, the better your results may be.

#### Results

Results from this treatment look natural because the hair grows from your own follicles. PRP therapy is safe because it uses plasma taken from your own body rather than injecting foreign substances or topical medications.

You can walk out of the office the same day with a solution to your hair loss problems and a renewed sense of self-confidence.

Limited side effects from this therapy include minimal pain, redness at the site of injection, bruising, and pinpoint bleeding.



Before PRP therapy.



Results 18 weeks after initial treatment.



#### **Comparison to Other Treatments**

Effective treatment options for permanent hair loss are very limited and can also be expensive. PRP therapy is a cost-effective treatment compared to hair plugs or medications. Common treatment options include some combination of the drugs minoxidil and oral finasteride, which can lead to loss of libido and other side effects. Finasteride also interferes in the development of a male fetus and should not be taken by women who are pregnant or likely to become pregnant.

# **Benefits to You**

- Clinically proven results with noticeable reduction in hair loss between the first and fourth injection.
- Minimal side effects
- Cost-effective option compared to other procedures and medications
- Increased self-esteem



Dr. Eli Akbari, MD, FRCSC Double Board Certified Facial Plastic Surgeon



Phone: (604) 912-0600